Mouthparts, gut contents, and retreat-construction by the wood-dwelling larvae of *Lype phaeopa* (Trichoptera: Psychomyiidae)

BERND SPÄNHOFF1, ULF SCHULTE1, CHRISTIAN ALECKE2, NORBERT KASCHEK1 and ELISABETH IRMGARD MEYER1

1Institute for Animal Evolution and Ecology, Department of Limnology, University of Muenster, 48149 Muenster, Germany; e-mail: spanhoff@uni-muenster.de

2Max Delbrueck Center for Molecular Medicine, 13125 Berlin, Germany

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Abstract. The larvae of *Lype phaeopa* (Stephens, 1836) are found on dead wood substrates in streams and lakes. Gut content analyses, scanning electron microscopy of larval mouthparts, and gallery structure revealed characteristics of this habitat preference. The guts of the larvae contained mainly wood fragments whereas other food items (detritus, algae, fungi, inorganic particles) were much rarer. The suitability of the mouthparts to scrape wood surfaces, and the adaptive elongation of the silk-secreting spinneret, which facilitates the construction of retreats consisting of a tunnel-like silken net incorporating mainly wood fragments, are discussed. Retreat-construction under laboratory conditions indicated that larvae exploit new feeding areas by steadily extending their galleries.

INTRODUCTION

Obligate associations of aquatic invertebrate species with submerged wood are rarely investigated. Although Dudley & Anderson (1982) reported 45 species that were closely associated with such substrates and Pereira et al. (1982) showed that a remarkable number of these species ingest wood, this association has been examined in detail for only few species. The complete larval development of aquatic insects associated with submerged wood is reported for the dipterans *Lipsothrix* spp. Loew, 1879 (Dudley & Anderson, 1987) and *Xylotopus par* (Coquillett, 1905) (Kaufman & King, 1987), the coleopterans *Macronychus glabratius* Say, 1825 (Phillips, 1997) and *Lara avara* LeConte, 1852 (Steedman & Anderson, 1985), the tropical ephemeropterans *Povilla adusta* Navas, 1912 and *Astenopus* spp. Eaton, 1871 (Sattler, 1967; Tobias, 1996), and the trichopteran *Lasiocephala basalis* (Kolenati, 1848) (Hoffmann, 2000).

Several Trichoptera species are associated with woody debris in streams (Sattler, 1957; Anderson et al., 1984; St Clair, 1994; Collier & Halliday, 2000; Hoffmann, 2000). However, under natural conditions only larvae of the genus *Lype* MacLachlan, 1878 pass their whole larval development, including the pupal stage, on woody debris (Hickin, 1950; Hickin, 1954; Wiberg-Larsen, 1995; Spänhoff et al., 2000a). To supplement their feeding requirements due to the low nutritional value of wood all other species switch to another substrate at least once during their larval development. Thus, although *Lasiocephala basalis* was reared from egg to adult in the laboratory exclusively on alder wood, the highly mobile larvae exploit other food sources under natural conditions (Hoffmann, 2000).

*Lype* and other genera of Psychomyiidae construct tunnel-shaped retreats on various submerged substrates (Edington & Alderson, 1973). The Central European species of *Tinodes* Curtis, 1834 and *Psychomyia* Latreille, 1829 prefer to attach their retreats to mineral substrates, whereas *Lype* colonizes mainly wooden surfaces (Alderson, 1969; Wiberg-Larsen, 1995). Accordingly, the larvae of *Tinodes* feeding on epilithic algae, especially diatoms (Böcker, 1990; Alecke, 1998), and the gut of *L. phaeopa* contains a high proportion of wooden fragments (Spänhoff et al., 1999) despite the low energy value of this food resource.

The number, distribution and function of sensilla on the mouthparts of terrestrial insect larvae play an important role in detecting feeding resources and evaluating their quality prior to ingestion (Zacharak & Shields, 1991; Shields, 1996). We are, however, not aware of such studies on aquatic species. The purpose of the present study is to link mouthpart morphology and associated sensilla with the mode of feeding in an aquatic larva of a trichopteran.

MATERIAL AND METHODS

Study site

*Lype phaeopa* populations in streams in Northrhine-Westphalia (Germany) were investigated. The main study site was the Ladberger Muehlenbach, a sandy lowland stream located 30 km northeast from the city of Muenster. Larvae of *Lype phaeopa* were collected from the midsector of a stream, which is bordered by an almost natural riparian woodland consisting mainly of black alder (*Alnus glutinosa* (L.) Gaertner) and some oak species, mainly common oak (*Quercus robur* L.). Additionally, willow (*Salix* spp. L.) and hazel (*Corylus avellana* L.) shrubs are abundant.
RESULTS

Morphology of the mouthparts and first legs of larvae

The frontal part of the sclerotized labrum bears many strong, differently sized bristles (Fig. 1). A part of maxilla is fused to labium (forming a maxillolabium), while the remaining part of the maxilla bears the maxillary palp, and the labium is reduced to an elongated process on which is situated a remarkably extended spinneret. Labial palps are completely absent. The median part of the galea is densely covered by hair-like structures, whereas some differently shaped sensilla are located on the lateral part. The apex of the maxillary palps is retractile (Figs 1, 2a, 5a) and bears several sensilla. Posteriorly, two sensilla chaetica are located on the ventral side of the spinneret (Fig. 2a). The posterior part of the spinneret is subdivided into a tube-like ventral part in which the dorsal part is embedded. The orifice at the tip of the spinneret is a knob-like structure with a round opening (Fig. 2b). Frontal pressure on the spinneret tip (occurring e.g., when the larva attaches a silken thread to a wooden surface) results in a response of the dorso-ventrally subdivided structure, by pushing the dorsal part backwards (Fig. 2c). No antennae and labial palps were found on the heads of L. phaeopa larvae. The ventral sides of the anterior tarsi bear several comb-like structures (Figs 3a, b). These structures are all directed anteriorly towards the ventral margin of the leg. Tarsi of the 2nd and 3rd legs lack these structures.

Number and distribution of sensilla on larval mouthparts

One long sensillum chaetica is located on the posterior side of palpiger and galea of each maxilla, respectively (Fig. 1). Overall, there are ten finger-like, five styloconical and five elongated basiconical sensilla located on the tip of the maxillary palps (Fig. 4). Most of the sensilla bear an apical pore, except one basiconical sensillum, which shows a larger pore located laterally (Fig. 4).

The galea bears two inconspicuous knob-like sensilla basiconica posteriorly, with terminal pores (Fig 5a), and three sensilla styloconica, two of these consisting of a basal stylus and an apical peg (Figs 5a, b). The lateral of the two sensilla is branched approximately halfway along its length, one part bearing an apical peg and the other a long trichoid sensillum (Figs 5a, b). Pegs of both sensilla show an apical pore. The third styloconical sensillum is located between the previously described two, but this sensillum styloconica bears a very small conical peg subapically and is therefore morphologically slightly different from the other two sensilla styloconica (Fig. 5b).

Another trichoid sensillum arising from a socket is located at the lateral styloconical sensillum (Figs 5a, b).

Gut contents

Guts contained mainly fragments of wood (88.5% ± 5.8; Fig. 6). Amorphous detritus, which could not be categorized, was the second most important component (7.5% ± 3.7 SD). Other dietary compounds like algae (0.05% ±
0.19) and fungal hyphae (1.8% ± 2.9) were rarely recorded. Inorganic particles were probably ingested accidentally (2.2% ± 3.6).

**Gallery-construction**

5th instar larvae rapidly constructed new galleries, after being removed from their old galleries and transferred to another substrate. Following a very quick initial phase of gallery-construction (15.8 mm mean length in 12 hours) the larvae worked continously but more slowly on the extension of the galleries. This gallery extension increased linearly with time (Fig. 7). Galleries constructed under laboratory conditions consisted almost

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**Fig. 2.** a – lateral view of the mouthparts with the spinneret (sp) posteriorely divided by a suture (white arrowhead) into a dorsal and ventral part. White arrow denotes the ventroanterior chaetic sensilla and black arrow the fully extended maxillary palp apex; b – detail view of the knob-like tip of the spinneret and the round orifice (arrow). d = dorsal, v = ventral part of the spinneret; c – compressed posterior part of the spinneret with the apical orifice (white arrow). d = dorsal, v = ventral part of the spinneret.

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**Fig. 3.** a – first leg of larva with femora (fem), tibia (tib), tarsus (tar) bearing several comb-like bristles on the ventral edge (white arrow) and the terminal claw (cl); b – detail view of the comb shaped bristles.
Fig. 4. Apex of a maxillary palp with elongated sensilla basiconica (black arrows) and sensilla styloconica (white arrows). Each sensillum shows an apical pore (white arrowheads), excepting one basiconical sensillum with a large pore (black arrowhead) halfway along its length.

exclusively of wooden fragments, whereas galleries taken from natural situation contained a significantly higher proportion of inorganic compounds (Fig. 8).

SEM-studies showed that the gallery is a tunnel-like construction, which covers a hollow corridor on the surface of the wood (Fig. 9a). These grooves are either natural crevices on the wood surface or they were produced by the larvae. This was indicated by the colour of the groove bottom, which was very often much brighter than the dark wood surface surrounding the grooves.

The retreat-construction is tightened by threads fixed to the wood surface on both sides of the gallery (Fig. 9b). The attachment points of these threads indicate the viscous, glue-like consistency of the silken secretion (Fig. 9b). Tension of the threads is indicated by their curled appearance after being torn off (Fig. 10a).

The inner walls of the galleries were constructed by a loosely woven net consisting of double-stranded silken threads, in which fragments of wood were incorporated (Figs 10a, b).

DISCUSSION

Head morphology and feeding mode of the larvae

Matsuda (1965) described the origin of the spinneret in Trichoptera and Lepidoptera as an “intimate fusion of the labium and hypopharynx”, which explains the dorsoventrally arranged structure of the spinneret.

When feeding the larvae scrape off the outer surface layers of wood with their strong mandibles, collect the fragments with their anterior legs, where comb-like structures are situated on the ventral edge, and use the strong bristles on the front edge of the sclerotized labrum and numerous hairs covering great parts of the galea to ingest the wood fragments.

Although biofilm constituents are only a minor part of the gut content, sensilla located on the tip of maxillary palps are probably used to locate this qualitatively important food resource.

The nutritional value of woody debris is low and the larvae have only a limited capability for digesting wood components (Schulte et al., in press). Therefore, although wood components dominate in the gut content, the primary food resource is probably the epixylic biofilm. This is further supported by the univoltine life cycle as compared with an extended larval development of wood feeding insects (Anderson et al., 1984; Slansky & Scriber, 1985).

Antennal sensilla for long- and short-range detection of olfactory stimuli are important in adult insects, whereas taste and tactile receptors are more important in the rela-

Fig. 5. a – lateral edge of the galea bearing different sensilla. Sensilla basiconica with pores (white arrowheads), a socket sensillum trichoideum (black arrow) and three sensilla styloconica with terminal pegs (white arrows). The lateral styloconical sensilla is branched (black arrowhead) with one branch bearing a peg and the other a long bristle (mp = maxillary palp, g = galea). b – lateral view of the styloconical sensilla (black arrows) of the galea, showing the pegs (white arrows) with apical pores (white arrowheads). The peg on the middle sensilla is much shorter compared to the other two sensilla. Black arrowhead denotes the sensillum trichoidea with its socket and the apical hair on the second branch of the lateral sensillum styloconicum.
Fig. 6. Box plot of food categories in the guts of larvae (circle = outliers, asterisk = extreme values). Results are from 10 samples each containing the gut contents of 5 to 7.5th instar larvae.

Fig. 7. The relation between the lengths of the galleries and time for L. phaeopa larvae kept under laboratory conditions. The values are presented as mean (points), minimum and maximum lengths (bars).

Fig. 8. Box plot of particulate organic matter (POM) in galleries collected in streams (natural samples) and from laboratory rearings (*** = p < 0.001).

Fig. 5. Box plot of food categories in the guts of larvae (circle = outliers, asterisk = extreme values). Results are from 10 samples each containing the gut contents of 5 to 7.5th instar larvae.

Fig. 1. The relation between the lengths of the galleries and time for L. phaeopa larvae kept under laboratory conditions. The values are presented as mean (points), minimum and maximum lengths (bars).

Distribution and function of mouthpart sensilla

Although the function of the sensilla cannot be unambiguously determined by their external morphology observed by SEM-photography (Steinbrecht pers. commun.), their distribution and number in Lype phaeopa larvae indicate an important role in feeding. Sensilla on insect mouthparts are primarily contact gustatory or olfactory receptors for checking the chemical composition of substrates and for detecting food resources (Zacharuk & Shields, 1991; Shields, 1996). The sensilla of lepidopteran larvae (e.g. Homoeosoma nebulosa (Denis & Schiffermüller, 1775), Mamestra configurata Walker, 1856) are slightly different from those of L. phaeopa larvae, but especially the number and distribution of sensilla on the galea (Shields, 1994a, b; Fauchex, 1995, Shields, 1996) indicate the sensilla function without histological and neurophysiological investigations.

In L. phaeopa, sensilla on the edge of the galea may fulfill proprioceptorial functions during ingestion of food items as in lepidopteran larvae (Fauchex, 1995; Shields, 1996). Two basiconical sensilla are mechanoreceptors responding to food particles before they enter the hypopharyngeal region. Further, the styloconical sensillum with the very small subapical peg resembles the so-called spire-shaped sensillum basiconicum in lepidopteran larvae (Mamestra configurata), although this sensillum has a different external morphology (Shields 1994b, Shields 1996). Shields (1996) suggests that they are thermo-hygrosensitive, responding to temperature and moisture fluctuations, but these functions are useless in aquatic larvae. It is more likely that the sensillum has a tactile or gustatory function in L. phaeopa larvae, as the subapical peg is directed away from the hypopharyngeal region and comes into contact with food particles prior to ingestion. The other two styloconical sensilla are gustatory receptors in lepidopteran larvae (Shields, 1994a; Shields, 1996), which could be true for L. phaeopa larvae as well. These sensilla taste the chemical composition of food particles and determine whether they are ingested or rejected. Chemical stimuli are assessed via the apical pore of the styloconical sensilla as critically reviewed by Steinbrecht (1997). The trichoid sensillum on the galea coordinates the position and regulates the movement of the mandibles in relation to the maxillolabium to avoid mechanical damage during mastication (Shields, 1996). Location of the one observed trichoid sensillum in L.
phaeopa larvae supports this assumption, because of its prominent position on the lateral edge of the galea. Keil (1997) indicated that trichoid sensilla arising from a socket structure generally respond to mechanical stimuli by registering the direction from which the stimulus comes.

Other sensilla, like the sensilla chaetica on the ventral surface of the maxilla palpiger and the galea are mechanoreceptors, probably for spatial orientation of the larva of L. phaeopa within its gallery. The same may apply to several chaetic sensilla on the dorsal surface of the head. Movement of the larva within the gallery could be often observed, and were studied in detail for Tinodes species by Alecke (1998).

**Gallery-construction**

The galleries are commonly orientated in the direction of the wood fibers, but the water current may also influence the gallery construction (Tomaszewski, 1955). Under laboratory conditions and a relatively slow water current, the larvae preferably orientate their galleries in the fiber direction of the wood. In streams, retreats consist mainly of wood fragments and a few sand grains. However, this mineral material may be deposited on rather than incorporated into the gallery wall. In a laboratory experiment, where mineral material was scarce (but available), the galleries consisted almost exclusively (92% ± 4.9) of wood fragments. Galleries incorporating wood are rare in aquatic macroinvertebrates. Beside the Trichoptera, only Diptera (especially chironomids) secrete silk to construct tubes, which may account for the species richness of these two groups (Mackay & Wiggins, 1979). However, no chironomid species is known to build tubes incorporating mainly fragments of wood. The wood-boring ephemeropteran larvae of Povilla burrow into submerged wood lining the walls of their tunnels with silk produced by their malpighian tubules. They are filter-feeders using submerged wood solely for tunnel construction and shelter (Sattler, 1967; Tobias, 1996). Case-bearing Trichoptera sometimes use wood fragments for their case-construction, but this is not comparable to...
the extensive use of wood for retreat-making by *L. phaeopa* larvae.

The construction of fixed retreats is facilitated by the elongated spinneret in *L. phaeopa*. With it the larvae can precisely fix the silken filaments to the wood surface. The sensilla chaetica on the ventral side of the spinneret may have a tactile function when the larva inserts the spinneret into cracks and openings on the wood surface for fixing the gallery-threads. Another important aspect is the flexibility of the posterior part of the spinneret, which is subdivided in such a way that the dorsal part is pushed backwards. This plays an important role in attaching and fixing the threads to wood surfaces, where high pressure is useful for accurate fastening of the threads. The generally round shape of the silken filaments corresponds well with the shape of the spinneret orifice. *Neophylax concinnus* MacLachlan, 1871 and *Pycnopsyche guttifer* (Walker, 1852) secrete ribbon-like flat threads corresponding to the shape of the orifices of their spinnerets (Engster, 1976). This may be important for case- and retreat-making. Thus, as shown in *Neophylax concinnus*, flattened filaments are associated with case-making using round sand grains (Engster, 1976). The shapes of the spinneret orifices of larvae from different trichopteran families differ and may be adaptations to the larval life habits (Denis, 1984). Other net-spinning Trichoptera showed different patterns of net construction. Most Hydropsychidae build a systematically arranged series of robust nets with defined mesh sizes; the nets filter suspending particles from the water (Malicky, 1973). Whereas most Polycentropodidae and Philopotamidae mainly construct loosely woven, mostly sack-shaped nets without incorporating solid fragments. Whereas most Polycentropodidae are predators, feeding on small invertebrates that stray into their nets, Philopotamidae use the tip of their brush-like labrum to feed on detritus trapped in their nets (Malicky, 1973).

Our results indicate that the elongation of the spinneret in *L. phaeopa* and other psychomyiid larvae (Aleeke, 1998) is closely associated with retreat-making. The retreat functions primarily as camouflage against predators, and in sandy streams as a shelter against drifting sand as well. Another very important aspect of this close insect-substrate association is the predetermination of larval life habitat by selective egg-deposition of females (Spänhoff et al., 2003). The larval performance might be interpreted as a subsequent co-development following the female preference for oviposition on wood in aquatic habitats.

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